



Compare for yourself...why nothing compares to Shakeology at ANY cost

	Shakeology	GNC Total Lean	Met-RX	MediFast	Orgain	Ultramet	Body by Vi	Isagenix	Special K	Slim Fast
Calories	140	200	240	90	255	230	90	240	190	180
Calories from Fat	10	30	25	10	60	60	10	50	45	45
Total Fat	1g	3g	3g	1g	7g	6.5g	1g	5g	5g	5g
Cholesterol	15mg	60mg	20mg	0mg	20mg	80mg	15mg	30mg	10mg	5mg
Sodium	100mg	280mg	370mg	230mg	260mg	370mg	75mg	115g	220mg	200mg
Total Carbohydrate	17g	17g	17g	13g	32g	6g	7g	27g	29g	24g
Dietary Fiber	3g	8g	3g	4g	2g	1.5g	5g	4g	5g	5g
Sugars	9g	4g	2g	8g	13g	4g	1g	16g	18g	17g
Protein	17g	25g	38g	11g	16g	35g	12g	23g	10g	10
<b>% Daily Values</b>										
Vitamin A	100.00%	20.00%	90.00%	20.00%	25.00%	40.00%	30.00%	50.00%	35.00%	35.00%
Vitamin C	300.00%	60.00%	100.00%	30.00%	25.00%	50.00%	30.00%	40.00%	100.00%	100.00%
Vitamin D	50.00%	0.00%	60.00%	20.00%	25.00%	50.00%	30.00%	80.00%	35.00%	35.00%
Vitamin E	50.00%	20.00%	150.00%	20.00%	25.00%	100.00%	30.00%	35.00%	100.00%	100.00%
Vitamin K1	50.00%	0.00%	50.00%	20.00%	0.00%	0.00%	30.00%	0.00%	25.00%	25.00%
Vitamin B1 – thiamin	100.00%	20.00%	60.00%	30.00%	25.00%	50.00%	30.00%	60.00%	35.00%	35.00%
Vitamin B2 – riboflavin	77.00%	20.00%	60.00%	30.00%	25.00%	50.00%	30.00%	70.00%	35.00%	35.00%
Vitamin B3 – niacin	25.00%	20.00%	100.00%	20.00%	25.00%	50.00%	30.00%	45.00%	35.00%	35.00%
Vitamin B6	100.00%	20.00%	60.00%	30.00%	25.00%	50.00%	30.00%	60.00%	35.00%	35.00%
Folic Acid	50.00%	20.00%	100.00%	20.00%	25.00%	50.00%	30.00%	80.00%	30.00%	30.00%
Vitamin B12	100.00%	20.00%	50.00%	20.00%	25.00%	50.00%	30.00%	200.00%	35.00%	35.00%
Biotin – B7	30.00%	20.00%	60.00%	0.00%	25.00%	50.00%	30.00%	45.00%	35.00%	35.00%
Pantothenic Acid	50.00%	20.00%	40.00%	20.00%	25.00%	50.00%	30.00%	40.00%	35.00%	35.00%
Calcium	50.00%	50.00%	110.00%	30.00%	25.00%	50.00%	30.00%	40.00%	35.00%	50.00%
Iron	22.00%	20.00%	70.00%	25.00%	3.00%	50.00%	5.00%	6.00%	15.00%	15.00%
Phosphorus	25.00%	20.00%	90.00%	20.00%	50.00%	50.00%	30.00%	20.00%	35.00%	50.00%
Iodine	35.00%	40.00%	40.00%	20.00%	25.00%	50.00%	30.00%	40.00%	35.00%	35.00%
Magnesium	20.00%	20.00%	60.00%	15.00%	25.00%	50.00%	30.00%	40.00%	30.00%	30.00%
Zinc	40.00%	20.00%	40.00%	20.00%	25.00%	50.00%	30.00%	45.00%	15.00%	15.00%
Copper	40.00%	20.00%	40.00%	20.00%	25.00%	50.00%	30.00%	50.00%	0.00%	0.00%
Manganese	100.00%	20.00%	50.00%	40.00%	25.00%	50.00%	30.00%	60.00%	35.00%	35.00%
Chromium	50.00%	20.00%	50.00%	25.00%	25.00%	50.00%	30.00%	80.00%	35.00%	35.00%
Molybdenum	40.00%	20.00%	80.00%	50.00%	25.00%	20.00%	30.00%	60.00%	30.00%	30.00%
<b>Cost per Serving</b>	<b>\$3*/\$4</b>	<b>\$2.50</b>	<b>\$3.72</b>	<b>\$2.70</b>	<b>\$2.83</b>	<b>\$1.70</b>	<b>\$2.00</b>	<b>\$2.00</b>	<b>\$1.50</b>	<b>\$1.50</b>

\* Speak with your coach about a 25% discount

**Plus Shakeology includes all of this additional nutrition that NO OTHER meal replacement shake contains:**

Maca Powder	1000mg	Sacha Inchi	1000mg	Yacon	1000mg	Flax	700mg	Chlorella	500mg
Spirulina	350mg	Spirulina	350mg	Hydrilla	350mg	Apple Pectin Powder	300mg	Astragalus Powder	250mg
Blue Green Algae	200mg	Spinach Powder	200mg	MSM	200mg	Pea Fiber	150mg	Quinoa	150mg
Probiotic Blend	150mg	Stevia	135mg	Enzyme Blend	130mg	Ashwagandha Powder	100mg	Barley Grass	100mg
Kamut Grass	100mg	Oat Grass	100mg	Wheat Grass	100mg	Amaranth	50mg	Grape Seed Extract	50mg
Green Tea decaffeinated	50mg	Holy Basil Powder	50mg						